Saturday 28 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews and features.
6:08 Storytime (RNZ)
6:55 News 2 Me
A weekly round-up of the news for children.
7:08 Country Life
Memorable scenes, people and places in rural New Zealand (RNZ)
8:10 Saturday Morning with Kim Hill
A mixture of current affairs and feature interviews, until midday (RNZ)
12:10 Māpunanga with Julian Wilcox
Julian talks to Māori throughout Aotearoa, from sports legends, to business leaders, to artists and community advocates.
1:06 Music 101 with Charlotte Ryan
The best songs, music-related stories, interviews, live music, industry news and music documentaries from New Zealand and the world
5:00 The World at Five
A roundup of today's news and sport (RNZ)
5:30 Tagata O Te Moana
A weekly Pacific magazine programme features New Zealand and regional Pacific news, issues, information and music.
6:06 Nashville Babylon
Mark Rogers offers the very best in American, alt country, folk soul and blues music (RNZ)
7:06 Saturday Night with Phil O'Brien
An evening of requests, nostalgia and musical memories (RNZ)

Sunday 29 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews and features.
6:08 Storytime (RNZ)
7:10 Features Hour
The Best of RNZ's Podcasts.
8:06 Sunday Morning with Jim Mora
A fresh attitude on current affairs, the news behind the news, in-depth documentaries, sport from the outfields, politics from the insiders.
9:06 Mediawatch
Critical examination and analysis of current performance and trends in New Zealand's news media (RNZ)
9:36 Sunday Morning with Jim Mora
Sunday morning continues
12:12 Standing Room Only with Lynn Freeman
It's an 'all access pass' to what's happening in the worlds of arts and entertainment
1:10 At the Movies (RNZ)
A weekly topical magazine programme about current film releases and film-related topics (RNZ)
2:05 The Laugh Track on Standing Room Only
3:05 Classic Drama (RNZ)
Highlighting radio playwriting and performance (RNZ)
4:06 The Arts Hour from the BBC World Service
5:00 The World at Five
A roundup of today's news and sport
5:10 Heart and Soul
Personal approaches to spirituality from around the world (BBC)
5:35 Ora Korihi - news on Maori issues
6:06 Māpunanga with Julian Wilcox
Julian talks to Māori throughout Aotearoa, from sports legends, to business leaders, to artists and community advocates. (rpt)
6:50 Voices
A weekly feature where the focus is ethnic communities (RNZ)
7:04 Smart Talk
A wide variety of conversations recorded in front of audiences round Aotearoa and the world, including the TED Radio Hour from NPR and selected programmes from the BBC World Service.
8:06 The Sunday Night Retro Show with Phil O'Brien
An evening of music and memories (RNZ)
10:00 News at Ten
A roundup of today's news and sport
10:15 Mediawatch
Critical examination and analysis of recent performance and trends in New Zealand's news media (RNZ)
11:04 The Retro Cocktail Hour
Darrell Brogden serves up an hour, more finger-snapping, hip-shaking space age Tropicana music, tiki tunes, private eye jazz and other incredibly strange music
Monday 30 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews and features.
5:00 First Up
New Zealand's early morning wake-up call
6:00 Morning Report
RNZ's three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour with Susie Ferguson and Corin Dann
9:06 Nine to Noon with Kathryn Ryan
Current affairs and topics of interest
12:00 Midday Report with Mānini Dunlop
RNZ news, followed by updates and reports until 1.00pm
1:06 Afternoons with Jesse Mulligan
An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)
3:45 The Panel with Wallace Chapman
An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)
5:00 Checkpoint with Lisa Owen
RNZ's weekday drive-time news and current affairs programme
6:30 Trending Now
Highlighting the RNZ stories you're sharing on-line including The Detail
7:06 Nights with Bryan Crump
RNZ's weeknight programme of entertainment and information
10:00 News at Ten
A roundup of today's news and sport
10:15 Lately with Karyn Hay
A late night radio show with an eye on live events, an ear for music, a great sense of
humour and a genuine interest in people and their stories (RNZ)
11:04 Worlds of Music
Trevor Reekie brings you Music from the world, for the world (RNZ)

Wednesday 1 June 2022
12:04 All Night Programme
A selection of the best RNZ National interviews, features, music and drama
5:00 First Up with Nathan Rarere
New Zealand’s early morning wake-up call
6:00 Morning Report
RNZ’s three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour with Susie Ferguson and Corin Dann
9:06 Nine to Noon with Kathryn Ryan
Current affairs and topics of interest
12:00 Midday Report with Mānì Dunlop
RNZ news, followed by updates and reports until 1.00pm
1:06 Afternoons with Jesse Mulligan
An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)
3:45 The Panel with Wallace Chapman
An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)
5:00 Checkpoint with Lisa Owen
RNZ’s weekday drive-time news and current affairs programme
6:30 Trending Now
Highlighting the RNZ stories you’re sharing on-line including The Detail https://www.rnz.co.nz/programmes/the-detail
7:06 Nights with Bryan Crump
RNZ’s weeknight programme of entertainment and information
10:00 News at Ten
A roundup of today’s news and sport
10:15 Lately with Karyn Hay
A late night radio show with an eye on live events, an ear for music, a great sense of humour and a genuine interest in people and their stories (RNZ)
11:04 The Mixtape
Musical guests compile a C60 (tape) and talk us through their selections. (RNZ)