Saturday 14 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews and features.
6:08 Storytime (RNZ)
6:55 News 2 Me
A weekly round-up of the news for children.
7:08 Country Life
Memorable scenes, people and places in rural New Zealand (RNZ)
8:10 Saturday Morning with Kim Hill
A mixture of current affairs and feature interviews, until midday (RNZ)
12:10 Māpun with Julian Wilcox
Julian talks to Māori throughout Aotearoa, from sports legends, to business leaders, to artists and community advocates.
1:06 Music 101 with Charlotte Ryan
The best songs, music-related stories, interviews, live music, industry news and music documentaries from New Zealand and the world
5:00 The World at Five
A roundup of today’s news and sport
5:10 Heart and Soul
Personal approaches to spirituality from around the world (BBC)
5:35 Te Manu Korihi - news on Maori issues
6:06 Whakamāori
This series brings Google translate to life as three Te Reo Māori enthusiasts, translate topical pieces of written and audio content from English to Māori.
6:50 Voices
A weekly feature where the focus is ethnic communities (RNZ)
7:04 Smart Talk
A wide variety of conversations recorded in front of audiences round Aotearoa and the world, including the TED Radio Hour from NPR and selected programmes from the BBC World Service.
8:06 The Sunday Night Retro Show with Phil O’Brien
An evening of music and memories (RNZ)
10:00 News at Ten
A roundup of today’s news and sport
10:15 Mediawatch
Critical examination and analysis of recent performance and trends in New Zealand’s news media (RNZ)
11:04 The Retro Cocktail Hour
Darrell Brogdon serves up an hour, more finger-snapping, hip-shaking space age Tropicana music, tiki tunes, private eye jazz and other incredibly strange music

Sunday 15 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews and features
6:08 Storytime (RNZ)
7:10 Features Hour
The Best of RNZ’s Podcasts.
8:06 Sunday Morning with Jim Mora.
A fresh attitude on current affairs, the news behind the news, in-depth documentaries, sport from the outfield, politics from the insiders.
9:06 Mediawatch
Critical examination and analysis of recent performance and trends in New Zealand’s news media (RNZ)
9:36 Sunday Morning with Jim Mora
Sunday morning continues
12:00 (RNZ)
12:12 Standing Room Only with Lynn Freeman
It’s an ‘all access pass’ to what’s happening in the worlds of arts and entertainment
1:10 At the Movies (RNZ)
A weekly topical magazine programme about current film releases and film-related topics (RNZ)
2:05 The Laugh Track on Standing Room Only
3:05 Classic Drama (RNZ)
Highlighting radio playwriting and performance (RNZ)
4:06 The Arts Hour from the BBC World Service
5:00 The World at Five
A roundup of today’s news and sport
5:10 Heart and Soul
Personal approaches to spirituality from around the world (BBC)
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Monday 16 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews and features.
5:00 First Up
New Zealand’s early morning wake-up call
6:00 Morning Report
RNZ’s three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour with Susie Ferguson and Corin Dann
9:06 Nine to Noon with Kathryn Ryan
Current affairs and topics of interest
12:00 Midday Report with Māni Dunlop.
RNZ news, followed by updates and reports until 1.00pm
1:06 Afternoons with Jesse Mulligan
An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)
3:45 The Panel with Wallace Chapman
An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)
5:00 Checkpoint with Lisa
Wednesday 18 May 2022
12:00 Midday Report with Mānini Dunlop
RNZ news, followed by updates and reports until 1.00pm
1:06 Afternoons with Jesse Mulligan
An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)
3:45 The Panel with Wallace Chapman
An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)
5:00 Checkpoint with Lisa Owen
RNZ's weekday drive-time news and current affairs programme
6:30 Trending Now
Highlighting the RNZ stories you're sharing on-line including The Detail https://www.rnz.co.nz/programmes/the-detail
7:06 Night with Bryan Crump
RNZ's weeknight programme of entertainment and information
10:00 News at Ten
A roundup of today's news and sport
10:15 Lately with Karyn Hay
RNZ's late night radio show with an eye on live events, an ear for music, a great sense of humour and a genuine interest in people and their stories (RNZ)
11:04 Inside Out
Nick Tipping presents classic recordings and modern masterpieces from the world of jazz (RNZ)

Thursday 19 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews, features, music and drama
1:06 Afternoons with Jesse Mulligan
An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)
3:45 The Panel with Wallace Chapman
An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)
5:00 Checkpoint with Lisa Owen
RNZ's weekday drive-time news and current affairs programme
6:30 Trending Now
Highlighting the RNZ stories you're sharing on-line including The Detail https://www.rnz.co.nz/programmes/the-detail
7:06 Night with Bryan Crump
RNZ's weeknight programme of entertainment and information
10:00 News at Ten
A roundup of today's news and sport
10:15 Lately with Karyn Hay
RNZ's late night radio show with an eye on live events, an ear for music, a great sense of humour and a genuine interest in people and their stories (RNZ)
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Nick Tipping presents classic recordings and modern masterpieces from the world of jazz (RNZ)
Mulligan
An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)

3:45 The Panel with Wallace Chapman
An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)

5:00 Checkpoint with Lisa Owen
RNZ's weekday drive-time news and current affairs programme

6:30 Trending Now
Highlighting the RNZ stories you're sharing on-line including The Detail https://www.rnz.co.nz/programmes/the-detail

7:06 Nights with Bryan Crump
RNZ's weeknight programme of entertainment and information

10:00 News at Ten
A roundup of today's news and sport

10:15 Lately with Karyn Hay
A late night radio show with an eye on live events, an ear for music, a great sense of humour and a genuine interest in people and their stories (RNZ)

11:04 The Mixtape
Musical guests compile a C60 (tape) and talk us through their selections. (RNZ)