Saturday  7 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews, features, music and drama

6:08 Storytime

6:55 News 2 Med
A weekly round-up of the news for children.

7:08 Country Life
Memorable scenes, people and places in rural New Zealand (RNZ)

8:10 Saturday Morning with Kim Hill
A mixture of current affairs and feature interviews, until midday (RNZ)

12:10 Māpuna with Julian Wilcox
Julian talks to Māori throughout Aotearoa, from sports legends, to business leaders, to artists and community advocates

5:00 The World at Five
A round up of today's news and sport

5:30 Tagata O Te Moana
A weekly Pacific magazine programme features New Zealand and regional Pacific news, issues, information and music.

6:06 Nashville Babylon
Mark Rogers offers the very best in Americana, alt country, folk soul and blues music (RNZ)

7:06 Saturday Night with Phil O'Brien
An evening of requests, nostalgia and musical memories (RNZ)

Sunday  8 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews, features, music and drama

6:08 Storytime

7:10 Features Hour
The Best of RNZ's Podcasts.

8:06 Sunday Morning with Jim Mora
A fresh attitude on current affairs, the news behind the news, in-depth documentaries, sport from the outfield, politics from the insiders.

9:06 Mediawatch
Critical examination and analysis of recent performance and trends in New Zealand's news media (RNZ)

9:36 Sunday Morning with Jim Mora
Sunday morning continues

12:12 Standing Room Only with Lynn Freeman
It's an 'all access pass' to what's happening in the worlds of arts and entertainment

2:05 The Laugh Track on Standing Room Only (RNZ)

3:05 Classic Drama (RNZ)
Highlighting radio playwriting and performance (RNZ)

4:06 The Arts Hour from the BBC World Service

5:00 The World at Five
A round up of today's news and sport

5:10 Heart and Soul
Personal approaches to spirituality from around the world (BBC)

5:35 Te Manu Korihi
News on Maori issues

6:06 Māpuna with Julian Wilcox
Julian talks to Māori throughout Aotearoa, from sports legends, to business leaders, to artists and community advocates.

5:00 The World at Five
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5:30 Tagata O Te Moana
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6:06 Nashville Babylon
Mark Rogers offers the very best in Americana, alt country, folk soul and blues music (RNZ)

7:06 Saturday Night with Phil O'Brien
An evening of requests, nostalgia and musical memories (RNZ)

Monday  9 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews, features, music and drama

5:00 First Up with Nathan Rarere
New Zealand's early morning wake-up call

6:00 Morning Report
RNZ's three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour with Susie Ferguson and Corin Dann

9:06 Nine to Noon with Kathryn Ryan
Current affairs and topics of interest

10:00 News at Ten
RNZ news, followed by updates and reports until 1.00pm

1:06 Afternoons with Jesse Mulligan
An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)

3:45 The Panel with Wallace Chapman
An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with
5:00 Checkpoint with Lisa Owen
RNZ's weekday drive-time news and current affairs programme
6:30 Trending Now
Highlighting the RNZ stories you're sharing on-line including The Detail https://www.rnz.co.nz/programmes/the-detail
7:06 Nights with Bryan Crump
RNZ's weeknight programme of entertainment and information
10:00 News at Ten
A roundup of today's news and sport
10:15 Lately with Karyn Hay
A late night radio show with an eye on live events, an ear for music, a great sense of humour and a genuine interest in people and their stories (RNZ)
11:04 Nashville Babylon
Mark Rogers offers the very best in Americana, alt country, folk, soul and blues music (RNZ)
Tuesday 10 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews, features, music and drama
5:00 First Up with Nathan Rarere
New Zealand's early morning wake-up call
6:00 Morning Report
RNZ's three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour with Susie Ferguson and Corin Dann
9:06 Nine to Noon with Kathryn Ryan
Current affairs and topics of interest
12:00 Midday Report with Māni Dunlop
RNZ news, followed by updates and reports until 1.00pm
1:06 Afternoons with Jesse Mulligan
An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)
3:45 The Panel with Wallace Chapman
An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)
5:00 Checkpoint with Lisa Owen
RNZ's weekday drive-time news and current affairs programme
6:30 Trending Now
Highlighting the RNZ stories you're sharing on-line including The Detail https://www.rnz.co.nz/programmes/the-detail
7:06 Nights with Bryan Crump
RNZ's weeknight programme of entertainment and information
10:00 News at Ten
A roundup of today's news and sport
10:15 Lately with Karyn Hay
A late night radio show with an eye on live events, an ear for music, a great sense of humour and a genuine interest in people and their stories (RNZ)
11:04 Inside Out
Nick Tipping presents classic recordings and modern masterpieces from the world of jazz (RNZ)
Thursday 12 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews, features, music and drama
5:00 First Up with Nathan Rarere
New Zealand's early morning wake-up call
6:00 Morning Report
RNZ's three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour with Susie Ferguson and Corin Dann
9:06 Nine to Noon with Kathryn Ryan
Current affairs and topics of interest
12:00 Midday Report with Māni Dunlop
RNZ news, followed by updates and reports until 1.00pm
1:06 Afternoons with Jesse Mulligan
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An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)
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RNZ's weeknight programme of entertainment and information
10:00 News at Ten
A roundup of today's news and sport
10:15 Lately with Karyn Hay
A late night radio show with an eye on live events, an ear for music, a great sense of humour and a genuine interest in people and their stories (RNZ)
11:04 Music 101 Pocket edition
As we wrap up the highlights from Music 101, while serving up the latest in new music. (RNZ)

Friday 13 May 2022
12:04 All Night Programme
A selection of the best RNZ National interviews, features, music and drama
5:00 First Up with Nathan Rarere
New Zealand's early morning wake-up call
6:00 Morning Report
RNZ's three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour with Susie Ferguson and Corin Dann
9:06 Nine to Noon with Kathryn Ryan
Current affairs and topics of interest
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RNZ news, followed by updates and reports until 1.00pm
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