



**Sunday 17 February 2019**

**12:04 All Night Programme**

**12:05** Music after Midnight; **12:30** The Compass (*BBC*); **1:05** Our Changing World (*RNZ*); **2:05** Heart and Soul (*BBC*); **2:35** Hymns on Sunday (*RNZ*); **3:05** Snapper in a Landscape written and told by Declan O'Neill (*1 of 6, RNZ*); **3:30** CrowdScience (*BBC*); **4:30** Te Waonui a Te Manu Korihi (*RNZ*); **5:10** Michael King's History of New Zealand (*16 of 30, RNZ*); **5:45** Historical Highlight (*RNZ*)

**6:08 Storytime**

Uncle Ned and the Old Sea Cave, by Simon Grant, told by David McKenzie; The Littlest Whale, by Margaret Albert, told by Karl Kite Rangi; Moon Balloon, by Ruth Corrin, told by Cameron Rhodes; Wild West Gang Go Camping, by Joy Cowley, told by Robert Tripe; Hinu Please, by Donna Rapira, told by Tina Cook; Kate's Formal, by Paddy Richardson, told by Robert Parker (*RNZ*)

**7:10 Sunday Morning with Jim Mora**

A fresh attitude on current affairs, the news behind the news, in-depth documentaries, sport from the outfield, politics from the insiders, plus Mediawatch, 'The House' and music

**7:35** The House legislation, issues and insights from Parliament (*RNZ*)

**8:10** Insight An award-winning documentary programme providing comprehensive coverage of national and international current affairs (*RNZ*)

**9:06** Mediawatch Critical examination and analysis of recent performance and trends in New Zealand's news media (*RNZ*)

**12:12 Two Cents Worth**

Two cents worth is a weekly podcast on the news that will affect your back pocket - with Bernard Hickey, Nikki Mandow, Jenee Tibshraeny and Gyles Beckford (*RNZ*)

**12:30 Standing Room Only with Lynn Freeman**

It's an 'all access pass' to what's happening in the worlds of arts and entertainment

**1:10** At the Movies

A weekly topical magazine programme about current film releases and film-related topics

(*RNZ*)

**2:05** The Laugh Track

**3:04 The 3 O'Clock Drama**

Highlighting radio playwriting and performance (*RNZ*)

**4:06 The Sunday Feature**

**Raising the Bar: Myths And Revelations About Sleep, with Tony Fernando**

At least 20 percent of the population doesn't sleep well. Dr Tony Fernando from the University of Auckland talks about the myths and current findings about the science of sleep, sleep disorders and treatment approaches. His discussion covers sleep disorders including insomnia, shifted body clocks, sleep apnoea, sleep walking, sleep sex and nightmares. (*RNZ*)

**5:00 The World at Five**

A roundup of today's news and sport

**5:10 Heart and Soul**

Personal approaches to spirituality from around the world (*BBC*)

**5:40 Te Waonui a Te Manu Korihi**

A weekly roundup of news on Maori issues (*RNZ*)

**6:06 Te Ahi Kaa**

Exploring issues and events from a tangata whenua perspective (*RNZ*)

**6:45 Voices**

A weekly feature where the focus is ethnic communities (*RNZ*)

**7:04 The TED Radio Hour**

A crafted hour of ideas worth sharing presented by Guy Raz (*NPR*)

**8:06 Sunday Night with Grant Walker**

An evening of music and nostalgia (*RNZ*)

**10:00 The 10 O'Clock Report**

A roundup of today's news and sport

**10:10 Mediawatch**

Critical examination and analysis of recent performance and trends in New Zealand's news media (*RNZ*)

**10:45 The House**

legislation, issues and insights from Parliament

**11:04 The Retro Cocktail Hour**

An hour of music that's "shaken, not stirred" every week from the Underground Martini Bunker at Kansas Public Radio (*KPR*)