

Sunday 17 February 2019

12:04 All Night Programme

12:05 Music after Midnight; **12:30** The Compass (*BBC*); **1:05** Our Changing World (*RNZ*); **2:05** Heart and Soul (*BBC*); **2:35** Hymns on Sunday (*RNZ*); **3:05** Snapper in a Landscape written and told by Declan O'Neill (*1 of 6, RNZ*); **3:30** CrowdScience (*BBC*); **4:30** Te Waonui a Te Manu Korihi (*RNZ*); **5:10** Michael King's History of New Zealand (*16 of 30, RNZ*); **5:45** Historical Highlight (*RNZ*)

6:08 Storytime

Uncle Ned and the Old Sea Cave, by Simon Grant, told by David McKenzie; The Littlest Whale, by Margaret Albert, told by Karl Kite Rangi; Moon Balloon, by Ruth Corrin, told by Cameron Rhodes; Wild West Gang Go Camping, by Joy Cowley, told by Robert Tripe; Hinu Please, by Donna Rapira, told by Tina Cook; Kate's Formal, by Paddy Richardson, told by Robert Parker (*RNZ*)

7:10 Sunday Morning with Jim Mora

A fresh attitude on current affairs, the news behind the news, in-depth documentaries, sport from the outfield, politics from the insiders, plus Mediawatch, 'The House' and music

7:35 The House legislation, issues and insights from Parliament (*RNZ*)

8:10 Insight
An award-winning documentary

programme providing comprehensive coverage of national and international current affairs (*RNZ*)

9:06 Mediawatch
Critical examination and analysis of recent performance and trends in New Zealand's news media (*RNZ*)

12:12 Two Cents Worth

Two cents worth is a weekly podcast on the news that will affect your back pocket - with Bernard Hickey, Nikki Mandow, Jenee Tibshraeny and Gyles Beckford (*RNZ*)

12:30 Standing Room Only with Lynn Freeman

It's an 'all access pass' to what's happening in the worlds of arts and entertainment

1:10 At the Movies
A weekly topical magazine programme about current film releases and film-related topics (*RNZ*)

2:05 The Laugh Track
3:04 The 3 O'Clock Drama

Highlighting radio playwriting and performance (*RNZ*)

4:06 The Sunday Feature
Raising the Bar: Myths And Revelations About Sleep, with Tony Fernando

At least 20 percent of the population doesn't sleep well. T Dr Tony Fernando from the University of Auckland talks about the myths and current findings about the science of sleep, sleep disorders and treatment approaches. His discussion covers sleep disorders including insomnia, shifted body clocks, sleep apnoea, sleep walking, sleep sex and nightmares. (*RNZ*)

5:00 The World at Five

A roundup of today's news and sport

5:10 Heart and Soul

Personal approaches to spirituality from around the world (*BBC*)

5:40 Te Waonui a Te Manu Korihi

A weekly roundup of news on Maori issues (*RNZ*)

6:06 Te Ahi Kaa

Exploring issues and events from a tangata whenua perspective (*RNZ*)

6:45 Voices

A weekly feature where the focus is ethnic communities (*RNZ*)

7:04 The TED Radio Hour

A crafted hour of ideas worth sharing presented by Guy Raz (*NPR*)

8:06 Sunday Night with Grant Walker

An evening of music and nostalgia (*RNZ*)

10:00 The 10 O'Clock Report

A roundup of today's news and sport

10:10 Mediawatch

Critical examination and analysis of recent performance and trends in New Zealand's news media (*RNZ*)

10:45 The House

legislation, issues and insights from Parliament

11:04 The Retro Cocktail Hour

An hour of music that's "shaken, not stirred" every week from the Underground Martini Bunker at Kansas Public Radio (*KPR*)