



Whakamāori 2 E11: Big Mac Tacos

Nā Kristin Ross

How to make big mac tacos

Smash – portion out tiny balls of ground beef and smash/press them onto flour tortillas, so they're super flat and thin. Lightly season the beef with salt and pepper.

Grill – heat up a pan over medium-high heat and place the tortilla burger meat side down. The beef will cook through completely while pressed up directly against the hot pan. When the beef forms a golden brown crust and cooks through, lower the heat and flip the tortilla over so the tortilla crisps in the pan.

Te taka tāko pīki maki

Pao - Wāhia mai te pīwhi kōnatunatu kia pōro iti ka paoa ai ki te pāraoa tōtira, kia parehe, kia rahirahi rawa. Whakarekahia te pīwhi ki te tote me te pepa ruarua noa iho.

Pākā - Whakawerahia he hōpane ki waenga i te āhua wera me te wera rawa, kātahi ka hora tāpapahia te pākī tōtira ki raro. Ka maoa katoa mai te pīwhi nō te tōtira e tāpapa ana ki te hōpane wera. Kia kōura, kia pakapaka, kia maoa te pīwhi, whakaitingia te kaha o te wera ka kauhurihia ai te tōtira i te hōpane kia pakapaka a runga.



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Nā Anaha Hiini

Melt – while the tortilla is crisping up, add a slice of American cheese and cover the tacos so the cheese melts.

Sauce – Mix together all the Big Mac sauce ingredients (mayo, ketchup, sweet relish, mustard, vinegar, onion powder, garlic powder, and paprika).

Whakarewanga – i te tōfira e pakapaka haere nei, āpitihia tētehi kōripinga tīhi Amerikana ka ūhia ai ngā tāko e rewa ai te tīhi.

Kīnaki – Whakaranua katoahia ngā momo kīnaki o te kīnaki Pīki Maka (arā te wairanu huamata, te kīnaki tomato, te kīnaki tomato reka, te panikakā, te winika, te paura riki, te paura kāriki, me te paparika).



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Nā Kimo Houltham

Finish – when the cheese is melty and the beef is ready, remove the tacos from the pan and top them with a slice of pickle, Big Mac sauce, shredded lettuce, diced onions, and an optional sprinkle of toasted sesame seeds.

Enjoy – fold them up, devour, and enjoy!

Whakakapi - Kia rewa rawa te tīhi, ā, kia māoa te mīti, tangohia ngā tāko i te pēne, ka tapiri atu i te pīkara, te kīnaki pīki Maka, he kakunga rētihi, he tapahanga rīki, ā, ki te hiahia, he ruinga kākano hehami.

Whakapaua - Pōkaingia, horoa, rangona te matareka.



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Ngā Kupu:

Parehe - e papatahi ana

Rahirahi - angiangi